DISHES AND THEIR ALLERGEN CONTENT – Bon Appetite Sheet 1

DISHES						Lupin Flour			MUSTARD					Beer
Mains 2024	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Baked chicken fillet with cream & garlic	\checkmark	√wheat		May contain			\checkmark		May contain					
Chipotle chicken thighs		√barley							\checkmark					
Pulled pork buritto		✓wheat					\checkmark							
BBQ chicken thighs														
Cajun pork steak/chop		√wheat √Barley							\checkmark				\checkmark	
Grilled pork chop/steak														
Coconut beef	\checkmark			May contain			\checkmark		May contain				\checkmark	
Steak pie with gravy	May contain	√wheat √barley		May contain			\checkmark		May contain		M/C cashew and Almond		\checkmark	\checkmark
Beef buritto	\checkmark	✓wheat		May contain			\checkmark		May contain				\checkmark	
Chicken balti														
Tandoori chicken							\checkmark		May contain	May contain	May contain			
Hot dog in a brioche roll	May contain	√wheat √rye		\checkmark			\checkmark		May contain			May contain		
Pork goulash	\checkmark			May contain			\checkmark		May contain					
Beef and vegetable casserole	\checkmark			May contain			\checkmark		May contain				\checkmark	



You can find this template, including more information at www.food.gov.uk/allergy